How to Make the Most of Your Practice Time

Official SAT Practice on Khan Academy provides free, high-quality and personalized SAT practice to all students. More time on Official SAT Practice is associated with higher SAT scores. But how your time is spent on the practice platform really matters.

Our research shows that there are three best practices that will help you make the most of your practice.

**FOLLOWING PERSONALIZED SKILL PRACTICE RECOMMENDATIONS**

Official SAT Practice provides personalized skill recommendations based on your previous scores on any PSAT-related test or SAT assessment. Linking your College Board and Khan Academy accounts unlocks these recommendations automatically. You can also access personalized practice through diagnostic quizzes.

**TAKING A FULL-LENGTH PRACTICE TEST**

Taking a full-length practice test simulates the real test experience and helps you determine where you are prepared and where you still have opportunities to improve. Eight full-length online practice tests are available on Official SAT Practice, which can be taken in one sitting or section by section over time.

**LEVELING UP SKILLS**

As you progress through the Official SAT Practice materials, you can achieve new levels in the skills you’re practicing. Leveling up your skills shows that you are consistently advancing in the content tested on the SAT and is a great way to monitor your progress.

SAT ACHIEVEMENT ASSOCIATED WITH OFFICIAL SAT PRACTICE ON KHAN ACADEMY

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<thead>
<tr>
<th>No Official SAT Practice</th>
<th>6+ Hours with at Least One Best Practice</th>
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<td><strong>39 pts</strong> increase on avg.</td>
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*These associations control for student demographics and PSAT/NMSQT scores.*

Start using these best practices today at satpractice.org.