

OFFICIAL SAT PRACTICE

A Parent/Guardian's Guide: Getting Your Teen Ready for the SAT



START



Download Bluebook at bluebook.app.collegeboard.org/. Students can download Bluebook™, the new digital testing app from College Board, to take full-length digital practice tests and familiarize themselves with the app's helpful features like formula sheets, digital accommodations, and built-in calculators. After completing the practice test, your child can sign in to **My Practice** to view their results and review practice exam items, answers, and explanations.



Spend time reviewing skills with Official Digital SAT Prep on Khan Academy. Once your child has reviewed the knowledge and skills where they need the most support on My Practice, they can start Official SAT Prep on Khan Academy®. It's FREE for all students and the best way to prepare for the Digital SAT®. Created by Khan Academy and College Board, the makers of the SAT, Official Digital SAT Prep offers thousands of practice questions, video lessons, quizzes and tests, and more.

2-3 MONTHS BEFORE TEST DAY



Create a practice schedule and stick to it. We recommend that students practice in Bluebook 15-30 minutes per day starting 6-8 weeks before the test.

2 WEEKS BEFORE TEST DAY



Take another full-length practice test. Two weeks before every SAT test date is known as **Official SAT Practice Test Day**. On this day, students should take another full-length practice test in Bluebook to check their progress. This lets students build self-assurance and see exactly where to focus over the next two weeks to get the best possible score.

1 DAY BEFORE TEST DAY



Plan ahead. Triple check the night before that your child packs everything needed, such as pencils for use with scratch paper, a calculator if they don't plan to use the built-in Desmos calculator, and a personal testing device (if applicable). For a full list of what students need to bring on test day, visit satsuite.collegeboard.org/digital/what-to-bring-do. Be sure your child gets a good night's sleep.

ON TEST DAY



Relax and be confident. Encourage your child to eat a good breakfast, take it easy, and feel positive. Practice pays off!

For more information, visit sat.org/digital-practice.